Rules for kids and parents

INTERNET SAFETY MONTH

SAFETY RULES

Don’t share personal details with strangers, like passwords, addresses, full names and phone numbers.

Only access and share appropriate content – parents should know all passwords and monitor which apps and websites kids are using.

Don’t tweet and drive – not only is it illegal, it’s dangerous. Social posts can wait.

HEALTHY TIPS

Embrace Smartphone etiquette – silence phones in movie theaters, look people in the eye during a conversation and be responsive to the person you are with.

Limit screen time – no technology can replace the importance of face-to-face interactions. Set a time limit and stick to it.

Take breaks from social media during meal times and family vacations.

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64% of parents admit to frequently monitoring their kid’s Smartphone use.

70% of families have rules about how to use the device.¹

¹ Between Nov. 8-17, 2017, a total of 706 online interviews were conducted among a nationally representative sample by Consumer Insights, in partnership with Maritz CX.